

The Alyssa V. Phillips Foundation and 1 CP Place PLLC  
are pleased to present:

# CP Prep for Life 2015



## CP Prep For Life Agenda

**8:00 - Morgan Champion:** Welcome!

**8:10 - Jan Brunstrom-Hernandez MD:** Top 10 Things to Help your Child with Cerebral Palsy Live their Best

**8:55 - Mauricio Delgado MD:** The Use of Botulinum Toxin for the Treatment of Spasticity in Cerebral Palsy

**9:40 - Jeffrey Leonard MD:** Neurosurgical Options for the Treatment of Cerebral Palsy When to Consider Selective Dorsal Rhizotomy and Intrathecal Baclofen Pumps

**10:25 - Q&A**

**10:40 - Break**

**10:55 - Dr. Lawrence Tychsen MD:** Recognition and Treatment of Visual Disorders in Children with Cerebral Palsy

**11:40 - Michael Kruer MD:** Is Cerebral Palsy a Genetic Disease? Unexpected Findings Beg New Questions of a once 'well-understood' Condition

**12:25 to 1:30PM LUNCH**

**12:35 Special guest: Alyssa V. Phillips**

**12:50-1:20 PM Brian Sieling and Tresi Weeks (The Weeks Law Firm, PLLC):** Planning for your Child's Secure Financial Future

**1:30 - Break Out Sessions A and B (*see below*)**

**3:15 - Break**

**3:30 - Nicole Weckherlin OTR/L:** Creative Hi-tech Solutions to Make School and Learning More Accessible for Children with CP

**4:30 - Cerebral Palsy from A Parent's Perspective**

**4:45 - Jan Brunstrom-Hernandez MD, Anna Marie Champion, Michelle Phillips:** Review of the Day's Highlights; Closing Remarks

**5pm - Adjourn**



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## Breakout Sessions

### GROUP A: GMFCS 1-3

**1:30 PM: Heather Roberts OTR/L, MHA, PhD:** Constraint-Induced Therapy Camp

**2:00 PM: Heather Hantak PT, Anna Harper PT, MPT:** Strategies to Get Kids  
Moving on Land and in The Water

**2:30 PM: Amy McIntosh MD:** The Role of the Orthopedic Surgeon in the Care of  
Ambulatory Children with Cerebral Palsy

**3:00 PM: Q and A**

**3:15-3:30 PM: Break**

### GROUP B: GMFCS 4, 5

**1:30 PM: Mallory Ponce PT, DPT:** Aquatic Exercises and Activities to Help Kids Move

**2:00 PM: Karl Rathjen MD:** The Role of the Orthopedic Surgeon in the Management  
of Hip and Spine Deformities in Children with Cerebral Palsy

**2:30 PM: Brenda House, PT, ATP and Angela Boisselle, OTR, PhD, ATP:**  
Custom Seating and Mobility Options for Children with Cerebral Palsy

**3:00 PM: Q and A**

**3:15-3:30 PM: Break**

# CP Prep for Life 2015 Speakers' List

**Angela Boisselle, OTR, PhD, ATP**

Lead Occupational Therapist  
Texas Scottish Rite Hospital for Children

**Jan Brunstrom-Hernandez, MD**

Pediatric Neurologist  
Director, 1 CP Place, PLLC

**Anna Marie Champion**

Special Education Teacher and Parent of a teenager with CP

**Morgan Champion**

Teen with CP

**Mauricio Delgado, MD**

Professor of Neurology  
The University of Texas Southwestern Medical Center at Dallas  
Director of Neurology at Texas Scottish Rite Hospital for Children

**Heather Hantak, PT**

Physical Therapist  
Our Children's House

**Anna Harper, PT, MPT**

Physical Therapist  
The Rise School of Dallas  
Children's Medical Center

**Brenda House, PT, ATP, CCCE**

Texas Scottish Rite Hospital for Children

**Michael Kruer, MD**

Medical Director, Pediatric Movement Disorders Program  
Principal Investigator, Movement Disorders Genetics laboratory  
Barrow Neurological Institute  
Ronald A Matricaria Institute for Molecular Medicine  
Phoenix Children's Hospital

**Jeffrey Leonard, MD**

Vice Chair of Education  
Professor, Neurological Surgery  
The Ohio State University, College of Medicine  
Chief, Neurosurgery at Nationwide Children's Hospital

**Amy McIntosh, MD**

Associate Professor, Department of Orthopedic Surgery  
The University of Texas Southwestern Medical Center at Dallas  
Staff Physician, Texas Scottish Rite Hospital for Children

**Alyssa V. Phillips**

Advocate and teenager with CP

**Michelle Phillips**

President - Alyssa V. Phillips Foundation and parent of a teenager with CP.

**Mallory Ponce, PT, DPT**

Physical Therapist  
Our Children's House

**Karl Rathjen, MD**

Professor, Department of Orthopedic Surgery  
The University of Texas Southwestern Medical Center at Dallas  
Assistant Chief of Staff at Texas Scottish Rite Hospital for Children

**Heather Roberts, OTR/L, MHA, PhD**

Texas Scottish Rite Hospital for Children  
Occupational Therapist, Denton ISD

**Brian C Sieling, CRPC®**

Vice President-Senior Financial Advisor  
Sieling Thomas Group  
PIA Program Portfolio Manager  
Parent of a child with cerebral palsy

**Lawrence Tychsen, MD**

John F. Hardesty Distinguished Professor of Ophthalmology and Visual Sciences, Washington University in St. Louis School of Medicine  
Ophthalmologist-in-Chief, St. Louis Children's Hospital at Washington University Medical Center

**Nicole Weckherlin, OTR/L**

Occupational Therapist  
St. Louis Children's Hospital  
Cerebral Palsy Center

**Tresi Weeks**

The Weeks Law Firm, PLLC

